

KEP "O" LICIOUS

MENU 2022

Kepnock State High School Open Daily From 7:30 am

Majority of food is produced on the premises using fresh local produce where possible.

Breakfast available from 7:30am

| | |
|---------------------------|--------|
| Bacon & Egg Muffin | \$4.50 |
| Sausage & Egg Muffin | \$4.50 |
| Smashed Egg Cone | \$2.50 |
| Cheese Toastie | \$3.00 |
| Cheese/Tomato Toastie | \$3.50 |
| Cheese/Ham Toastie | \$4.00 |
| Cheese/Chicken Toastie | \$4.00 |
| 3 Item Toastie | \$4.50 |
| Brekky Wrap (Friday Only) | \$6.00 |
| Yoplait Yoghurt | \$3.00 |

Burgers & Kebabs

Beef Burger (W BBQ Sauce, lettuce, tomato, cucumber & onion on wholemeal roll)

Chicken Burger (with mayo, lettuce, tomato cucumber on wholemeal roll)

Hawaiian Burger

Steak Burger

Devil Burger

Kepo Burger

Sweet Chilli Chicken Kebab Greek Style Chicken Kebab Greek Style Lamb Kebab BBQ Pork Kebab Crispy Chicken Kebab **ALL \$6.50**

Selection of Hot Foods Available

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| Beef Lasagne |
| Carbonara Chicken Mushroom Pasta |
| Italian Sausage with Gnocchi |
| Taco |
| Fried Rice |
| Bacon & Sprout Pasta |
| Spinach & Cheese Potato Bake |
| Bacon, Ham & Cheese Potato Bake |
| Macaroni Cheese |
| Butter Chicken (with steamed basmati rice) |
| Pizza Pasta Bake |
| Spaghetti Bolognese |
| Sausage & Mash |
| Curried Sausage & Mash |
| Nachos |
| Shepherds' Pie |
| Baked Potato |
| Roast Meat Roll |
| Assorted Quiches |

Meals will be varied daily All \$4.50

Occasional Fridays

| | |
|-----------------------------|---------|
| Steak sandwich with the lot | \$10.00 |
| Chicken Parmigiana wraps | \$6.50 |

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Assorted Open Melts **\$2.50**

Quesadillas

| |
|--|
| Cheese /Tomato |
| Ham Cheese |
| Chicken Avocado Cheese |
| Spinach Fetta & Cheese |
| 3 Cheese |
| \$2.50 per serve 2 slices (1/4) |

Mon & Wed & Fri

Dino's Pizza Assorted **\$3.50**

Pizzas 9"

Cheese, Ham and Pineapple, Chicken and Bacon, Meat lovers, Roast Vegetables, Mediterranean, Spinach & Fetta & other variations **\$7.00**

Cones -1/2 Tortilla, filled with salad topped with the following
Fish, BBQ Pork Rib, Chicken Goujon, Sweet Chilli Chicken

\$2.50 Each

Frozen Treats

Ice Block, Frozen Yoghurts

From \$0.50 to \$4.00

Treats

| | |
|------------------|---------------|
| Fruit Salad | \$3.50 |
| Cheese\Biscuit | \$1.50 |
| Chocolate Mousse | \$1.50 |
| Pasta Salad | \$3.00 |
| Rice Salad | \$3.00 |
| Potato Salad | \$3.00 |
| Sweet Muffin | \$1.50 |

Cold Box

Assorted Sushi & Vietnamese Rolls **\$4.00**

Sandwiches made on wholemeal. **All \$5.00**

Egg lettuce, Salad with or without meat, Ham, Cheese & Tomato, Chicken & Mayo, Cheese & Tomato

Subs All \$5.00

Served on wholemeal long roll with salad & assorted meats or chicken

Salads

Garden Salads with chicken or egg
Greek Salad, Peri Peri, Honey Soy Chicken, Roast Beef/
Pork Cajun, Roast Pumpkin, Spinach & Fetta,
Thai Chicken ,Chicken Superfood

Will vary on daily basis All \$5.50

Vegetarian

Macaroni cheese
Roast Vegetables Fettucine Pasta
Mexe Bean Mince on sweet potato

Baked Potato **MEALS \$4.50**

Burgers & Kebabs \$6.50

Vegie Burger

Vegie Kebab

Melts **\$2.50**

Items will vary daily

Drinks

| | |
|----------------|------------------------------|
| Water 600ml | \$2.50 |
| Water 1.5 Ltr | \$4.50 |
| Flavoured Milk | From \$3.00 to \$4.50 |
| Juice | \$3.50 |

