



Sports Development Program (SDP)

Students entering Kepnock with sporting and academic ability, including ongoing involvement in organised sport outside school, are grouped into one physical education class in order to challenge themselves against students of similar skills and interests.

What is SDP?

Students of similar skill level are grouped together in a HPE specific class where they will be challenged to examine their abilities through exposure to fitness programs, nutrition, coaching techniques, sports science and sports psychology.

Sports include, but are not restricted to, swimming, athletics, basketball, touch, softball and soccer. They will be challenged through experiences in a range of sports and activities, to pursue sporting excellence in a supportive environment.

Although not sports specific, the class will be extended both academically and physically.

It is an expectation of members of this class that they participate in as wide a range of sports as possible at Kepnock. Take every sporting opportunity on offer, and there are many. This class will make them fitter – we would like students to use this fitness competing for Kepnock!

How do I apply?

Applications are available at Year 7 information nights in the lead up to commencement at Kepnock. Students will also need to apply for ACE classes in order to access the SDP class.

If a student enters Kepnock later than Year 7, it is likely the student will be placed on a waiting list to enter the class. Contact the Junior Secondary Deputy Principal or HOD HPE & Sport for more information.

